

Fall & Winter Menu Week 1

**** Please Be Aware of Resident's Dietary Needs ****

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast: <ul style="list-style-type: none"> Pancakes w/ Butter & Syrup Berry Blend Sausage Links Cranberry & Orange Juice, Coffee or Tea 	Breakfast: <ul style="list-style-type: none"> Hot or Cold Cereal w/ Sugar Bananas English Muffins w/ Honey & Butter Cranberry & Orange Juice, Coffee or Tea 	Breakfast: <ul style="list-style-type: none"> Baked Apple Oatmeal Strawberry Yogurt Sausage Links Cranberry & Orange Juice, Coffee or Tea 	Breakfast: <ul style="list-style-type: none"> Scrambled Eggs Orange Slices Crispy Bacon Cranberry & Orange Juice, Coffee or Tea 	Breakfast: <ul style="list-style-type: none"> Hot or Cold Cereal w/ Sugar Grapes Whole Wheat Toast w/ Butter & Jam Cranberry & Orange Juice, Coffee or Tea 	Breakfast: <ul style="list-style-type: none"> Oatmeal w/ Brown Sugar & Raisins Cinnamon Streusel Muffin w/ Butter Cranberry & Orange Juice, Coffee or Tea 	Breakfast: <ul style="list-style-type: none"> Ham & Cheese Omelets Orange Slices Blueberry Maple Muffins w/ Butter Cranberry & Orange Juice, Coffee or Tea
Dinner: <ul style="list-style-type: none"> Homemade Beef Stew Garden Salad *Cucumber/Tomato Salad Corn Bread Peaches 	Dinner: <ul style="list-style-type: none"> Chicken Sandwich w/ Lettuce, Cheese & Tomato Crispy French Fries Oatmeal Raisin Cookies 	Dinner: <ul style="list-style-type: none"> Roast Beef & Provolone Sandwich w/ Lettuce & Tomato Cucumber Salad Kettle Chips Mandarin Oranges 	Dinner: <ul style="list-style-type: none"> Fire Roasted Tomato Soup Gourmet Grilled Ham & Cheese Sandwiches Vanilla Pudding 	Dinner: <ul style="list-style-type: none"> Pizza Garden Salad *Carrot, Raisin Salad Italian Breadsticks w/Marinara Sauce Pistachio Dessert 	Dinner: <ul style="list-style-type: none"> Chicken & Cheesy Broccoli Chowder Homemade Bread w/ Herb Butter Cottage Cheese & Peaches 	Dinner: <ul style="list-style-type: none"> Mandarin Orange Chicken Salad Bread Sticks Peanut Butter Rice Krispies
Supper: <ul style="list-style-type: none"> Savory Pork Chops Apple Cranberry Stuffing Green Beans Marbled Cheesecake Brownies 	Supper: <ul style="list-style-type: none"> Tortilla Crusted Tilapia Wild Rice w/ Craisins Cauliflower, Carrots, Broccoli Key Lime Bars 	Supper: <ul style="list-style-type: none"> Spaghetti w/ Zesty Bolognese Italian Bread Sticks Peas & Carrots Vegetable Mix Ice Cream Sundae 	Supper: <ul style="list-style-type: none"> Homemade Chicken Pot Pie Cranberries Apple Walnut Salad Strawberries & Cream Cake 	Supper: <ul style="list-style-type: none"> Sweet & Sour Beef Fried Rice Stir Fry Vegetables Tapioca Pudding 	Supper: <ul style="list-style-type: none"> Crusted Fish Parsley Potatoes Honey Green Beans Sherbet 	Supper: <ul style="list-style-type: none"> Glazed Turkey Breast Herbed Mashed Potatoes Cranberries Butterscotch Pudding

*Salads will have an alternative made for those that can not eat a regular salad

Fall & Winter Menu Week 2

**** Please Be Aware of Resident's Dietary Needs ****

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Breakfast:</p> <ul style="list-style-type: none"> • Eggs • Whole Wheat toast w/ Butter & Jam • Crispy Bacon • Cranberry & Orange Juice, Coffee or Tea 	<p>Breakfast:</p> <ul style="list-style-type: none"> • Banana walnut Oatmeal • Orange Slices • English Muffin W/ Butter & Honey • Cranberry & Orange Juice, Coffee or Tea 	<p>Breakfast:</p> <ul style="list-style-type: none"> • Pancakes w/ Butter & Syrup • Strawberries • Sausage Links • Cranberry & Orange Juice, Coffee or Tea 	<p>Breakfast:</p> <ul style="list-style-type: none"> • Hot or Cold Cereal w/ Sugar • Triple Berry Blend • Vanilla Yogurt • Cranberry & Orange Juice, Coffee or Tea 	<p>Breakfast:</p> <ul style="list-style-type: none"> • Scrambled Eggs • Orange Slices • Blueberry Muffins w/ Butter • Cranberry & Orange Juice, Coffee or Tea 	<p>Breakfast:</p> <ul style="list-style-type: none"> • Hot or Cold Cereal w/ Sugar • Bananas • Whole Wheat Toast w/ Butter & Jam • Cranberry & Orange Juice, Coffee or Tea 	<p>Breakfast:</p> <ul style="list-style-type: none"> • Pecan Sour Cream Coffee Cake • Sausage Links • Orange Slices • Cranberry & Orange Juice, Coffee or Tea
<p>Dinner:</p> <ul style="list-style-type: none"> • Turkey Wild Rice Soup • Garden Salad • Homemade Bread w/ Butter & Honey • Grapes 	<p>Dinner:</p> <ul style="list-style-type: none"> • Egg Salad Sandwiches w/Lettuce • Potato Chips • Strawberry Jell-O 	<p>Dinner:</p> <ul style="list-style-type: none"> • Chicken & Corn Chowder • Herbed Bread Sticks • Apple, Craisin & Nut Salad 	<p>Dinner:</p> <ul style="list-style-type: none"> • Homemade Sloppy Joe's • French Fries • Brown Sugar Baked Beans • Chocolate Pudding 	<p>Dinner:</p> <ul style="list-style-type: none"> • Turkey Sandwich w/ Lettuce, Cheese & Tomato Slice • Chips • Carrots & Ranch Dip • Peaches 	<p>Dinner:</p> <ul style="list-style-type: none"> • Homemade Split Pea & Ham Soup • Crescent Rolls • Cottage Cheese & Berries • Vanilla Pudding 	<p>Dinner:</p> <ul style="list-style-type: none"> • Tater Tot Casserole • Homemade Bread w/ Butter & Honey • Grapes • Ice Cream Sundaes
<p>Supper:</p> <ul style="list-style-type: none"> • Beef Stroganoff • Buttered Egg Noodles • Peas • Peach Cobbler 	<p>Supper:</p> <ul style="list-style-type: none"> • Caribbean Chicken w/ Pineapple Salsa • Cilantro Rice • Glazed Carrots • Ice Cream Sundaes 	<p>Supper:</p> <ul style="list-style-type: none"> • Roasted Pork Tenderloin • Parsley Potatoes • Swiss Vegetable Casserole • Apple Pie 	<p>Supper:</p> <ul style="list-style-type: none"> • Chicken A La King w/ Pastry Shells • Buttered Broccoli • Cranberries • Chocolate Chip Cookies 	<p>Supper:</p> <ul style="list-style-type: none"> • Homemade Lasagna • Garlic Bread • Garden Salad • Fudge Sundaes 	<p>Supper:</p> <ul style="list-style-type: none"> • Brown Sugar Baked Salmon • Wild Rice w/ Herbs • Honey Nut Peas • Matzo Ball Soup • Challah • Brownies 	<p>Supper:</p> <ul style="list-style-type: none"> • Dijon Roasted Chicken • Baked Potatoes w/ Butter, Sour Cream • Normandy Vegetables • Oranges w/ Yogurt

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Fall & Winter Menu Week 3

**** Please Be Aware of Resident's Dietary Needs ****

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Breakfast:</p> <ul style="list-style-type: none"> • Cinnamon Rolls • Orange Slices • Sausage Links • Cranberry & Orange Juice, Coffee or Tea 	<p>Breakfast:</p> <ul style="list-style-type: none"> • Ham & Cheese Quiche • Cranberry Pumpkin Muffins w/ Butter • Grapes • Cranberry & Orange Juice, Coffee or Tea 	<p>Breakfast:</p> <ul style="list-style-type: none"> • Hot or Cold Cereal w/ Sugar • Yogurt Parfaits w/ Triple Berry Blend • Cranberry & Orange Juice, Coffee or Tea 	<p>Breakfast:</p> <ul style="list-style-type: none"> • Hot or Cold Cereal w/ Sugar • Grapes • English Muffins w/ Butter & Jam • Cranberry & Orange Juice, Coffee or Tea 	<p>Breakfast:</p> <ul style="list-style-type: none"> • Poaches Eggs • Whole Wheat Toast w/ Butter & Jam • Orange Slices • Cranberry & Orange Juice, Coffee or Tea 	<p>Breakfast:</p> <ul style="list-style-type: none"> • Hot or Cold Cereal w/ Sugar • Apple Cinnamon Muffins w/ Butter • Bananas • Cranberry & Orange Juice, Coffee or Tea 	<p>Breakfast:</p> <ul style="list-style-type: none"> • Waffles w/ Whip Cream & Fruit Topping • Crisp Bacon • Cranberry & Orange Juice, Coffee or Tea
<p>Dinner:</p> <ul style="list-style-type: none"> • Homemade Mac & Cheese • Hot Dogs on Buns • Peas • Berry Crisp 	<p>Dinner:</p> <ul style="list-style-type: none"> • Chili w/ Cheese & Sour Cream Topping • Corn Bread w/Butter & Honey • Peaches & Cottage Cheese 	<p>Dinner:</p> <ul style="list-style-type: none"> • Pizza • Italian Breadsticks w/ Marinara Sauce • Garden Salad *Cucumber/Tomato Salad • Fruit Salad 	<p>Dinner:</p> <ul style="list-style-type: none"> • Homemade Chicken Noodle Soup • Crescent Rolls • Apple Slices • Fruited Jell-O Salad 	<p>Dinner:</p> <ul style="list-style-type: none"> • Spaghetti & Meatballs • Garlic Toast • Garden Salad *Carrot & Raisin Salad • Strawberry Cream 	<p>Dinner:</p> <ul style="list-style-type: none"> • Tuna Melts • Potato Chips • Roasted Green Beans • Brownies 	<p>Dinner:</p> <ul style="list-style-type: none"> • Homemade Calzones • Garden Salad *Cucumber/Tomato Salad • Orange Jell-O w/ Mandarin Oranges • Trifle
<p>Supper:</p> <ul style="list-style-type: none"> • Dutch Meatloaf • Cheddar & Bacon Mashed Potatoes • Stewed Tomatoes • Butterscotch Pudding 	<p>Supper:</p> <ul style="list-style-type: none"> • Chicken Parisienne • Broccoli & Cheese Rice • Cranberries • Cherry Parfaits 	<p>Supper:</p> <ul style="list-style-type: none"> • Baked Pork Chops • Mashed Potatoes w/ Butter • Corn • Chocolate Mousse 	<p>Supper:</p> <ul style="list-style-type: none"> • Creamy Hamburger Noodle Casserole • Peas • Homemade Bread w/ Butter • Peach Cobbler 	<p>Supper:</p> <ul style="list-style-type: none"> • Chicken Divan • Wild Rice w/ Parsley • California Vegetables • White Coconut Cake 	<p>Supper:</p> <ul style="list-style-type: none"> • Honey Glazed Salmon • Rice Pilaf • Buttered Broccoli • Matzo Ball Soup • Challah • Sherbet 	<p>Supper:</p> <ul style="list-style-type: none"> • Baked Ham w/ Raisin Sauce • Sweet Potatoes • Green Beans • Angel Food Cake

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Fall & Winter Menu Week 4

**** Please Be Aware of Resident's Dietary Needs ****

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Breakfast:</u></p> <ul style="list-style-type: none"> • Scrambled Eggs • Blueberry Muffins w/ Butter • Grapes • Cranberry & Orange Juice, Coffee or Tea 	<p><u>Breakfast:</u></p> <ul style="list-style-type: none"> • Hot or Cold Cereal w/ Sugar • English Muffins w/ Butter & Honey • Bananas • Cranberry & Orange Juice, Coffee or Tea 	<p><u>Breakfast:</u></p> <ul style="list-style-type: none"> • Buttermilk Pancakes w/ Butter & Syrup • Orange Slices • Sausage Links • Cranberry & Orange Juice, Coffee or Tea 	<p><u>Breakfast:</u></p> <ul style="list-style-type: none"> • Eggs & Crisp Bacon • English Muffin w/ Butter & Honey • Triple Berry Blend • Cranberry & Orange Juice, Coffee or Tea 	<p><u>Breakfast:</u></p> <ul style="list-style-type: none"> • Hot or Cold cereal w/ Sugar • Cinnamon Raisin Toast w/ Butter & Cinnamon & Sugar • Grapes • Cranberry & Orange Juice, Coffee or Tea 	<p><u>Breakfast:</u></p> <ul style="list-style-type: none"> • Denver Omelet • English Muffins w/ Butter & Honey • Orange Slices • Cranberry & Orange Juice, Coffee or Tea 	<p><u>Breakfast:</u></p> <ul style="list-style-type: none"> • Hot or Cold Cereal w/ Sugar • Bananas • Whole Wheat Toast w/ Butter & Jam • Cranberry & Orange Juice, Coffee or Tea
<p><u>Dinner:</u></p> <ul style="list-style-type: none"> • Joann's Reubens • French Fries • Homemade Applesauce • Grapes 	<p><u>Dinner:</u></p> <ul style="list-style-type: none"> • Open Faced Beef Sandwiches w/ Mash Potatoes & Gravy • Corn • Ice Cream Sundaes 	<p><u>Dinner:</u></p> <ul style="list-style-type: none"> • Baked Potato Soup w/ Bacon • Garden Salad *Carrot & Raisin Salad • Corn Bread/Honey • Peaches 	<p><u>Dinner:</u></p> <ul style="list-style-type: none"> • Tuna Casserole • Homemade Bread w/ Butter • Apple, Craisin & Nut Salad • Oatmeal Raisin Cookies 	<p><u>Dinner:</u></p> <ul style="list-style-type: none"> • Grilled Ham & Cheese • French Fries • Brown Sugar Baked Beans • Pears 	<p><u>Dinner:</u></p> <ul style="list-style-type: none"> • Crab Salad Sandwiches • Minestrone Soup • Grapes • Rice Krispies 	<p><u>Dinner:</u></p> <ul style="list-style-type: none"> • Homemade Chicken Noodle Soup • Homemade Bread w/ Herb Butter • Chocolate chip Cookies
<p><u>Supper:</u></p> <ul style="list-style-type: none"> • Beef Roast w/ Potatoes & Carrots • Caramelized Onions • Homemade Bread w/ Butter • Banana Cream Pie 	<p><u>Supper:</u></p> <ul style="list-style-type: none"> • Baked Chicken Breast w/ Mushroom Sauce • Carrots, Cauliflower & Broccoli • Stuffing • Butterscotch Pudding 	<p><u>Supper:</u></p> <ul style="list-style-type: none"> • Pork Medallions in Tangy Mushroom Sauce • Buttered Pasta • Green Beans • Cinnamon Baked Apples 	<p><u>Supper:</u></p> <ul style="list-style-type: none"> • Breaded Ranch Style Chicken • Mixed Vegetables • Garlic Mashed Potatoes • Blueberry A La Mode 	<p><u>Supper:</u></p> <ul style="list-style-type: none"> • Apricot Glazed Spareribs • Buttered Broccoli • Au Gratin Potatoes • Chocolate Pudding 	<p><u>Supper:</u></p> <ul style="list-style-type: none"> • Salmon w/ Creamy Dill Sauce • Glazed Carrots • Crescent Roll w/butter • Cherry Cheesecake 	<p><u>Supper:</u></p> <ul style="list-style-type: none"> • Spinach & Chicken Lasagna w/ Alfredo Sauce • Garden Salad *Cucumber/Tomato Salad • Bread Sticks • Lime Jell-O Salad

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**** Please Be Aware of Resident's Dietary Needs ****

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast: <ul style="list-style-type: none"> • Santa Fe Egg Bake • Grapes • Whole Wheat Toast • Cranberry & Orange Juice 	Breakfast: <ul style="list-style-type: none"> • Hot or Cold Cereal • Bananas • Apple Cinnamon Muffin • Cranberry & Orange Juice 	Breakfast: <ul style="list-style-type: none"> • Cinnamon Rolls • Orange Slices • Sausage Links • Cranberry & Orange Juice 	Breakfast: <ul style="list-style-type: none"> • Hot or Cold Cereal • Grapes • Whole Wheat Toast • Cranberry & Orange Juice 	Breakfast: <ul style="list-style-type: none"> • Scrambled Eggs • Orange Slices • English Muffin • Cranberry & Orange Juice 	Breakfast: <ul style="list-style-type: none"> • Hot or Cold Cereal • Peaches • Cinnamon Raisin Toast • Cranberry & Orange Juice 	Breakfast: <ul style="list-style-type: none"> • Waffles • Strawberries & Whip Cream • Bacon • Cranberry & Orange Juice
Dinner: <ul style="list-style-type: none"> • Summer Sub • Macaroni Salad • Cherry Jell-O 	Dinner: <ul style="list-style-type: none"> • Chicken & Dumplings • Tossed Salad • Peaches 	Dinner: <ul style="list-style-type: none"> • Grilled Pork Chops • Corn on the Cob • Angel Food Cake W/ Strawberries & Whip Cream 	Dinner: <ul style="list-style-type: none"> • Chicken Salad Sandwich • Potato Chips • Grapes 	Dinner: <ul style="list-style-type: none"> • Turkey Cucumber Sandwich • Strawberries • Vanilla Pudding 	Dinner: <ul style="list-style-type: none"> • Cobb Salad Wrap • Pears • Ginger Bread 	Dinner: <ul style="list-style-type: none"> • Tuna Bow Tie Pasta Florentine • Crescent Rolls • Peach Jell-O
3:00 Snack <ul style="list-style-type: none"> • Sliced Apples w/ Juice 	3:00 Snack <ul style="list-style-type: none"> • Goldfish Crackers w/ Milk 	3:00 Snack <ul style="list-style-type: none"> • Yogurt Parfaits w/coffee & Tea 	3:00 Snack <ul style="list-style-type: none"> • Celery w/ Peanut Butter w/ Milk 	3:00 Snack <ul style="list-style-type: none"> • Granola Bars w/ Coffee & Tea 	3:00 Snack <ul style="list-style-type: none"> • Sweet Treats w/ Coffee or Tea 	3:00 Snack <ul style="list-style-type: none"> • Popcorn w/ Juice
Supper: <ul style="list-style-type: none"> • Honey Baked Chicken • Rice • Peas • Cherry Cheesecake 	Supper: <ul style="list-style-type: none"> • Lasagna • Tossed Salad • Bread Sticks • Chocolate Cake 	Supper: <ul style="list-style-type: none"> • Sweet Apricot Chicken w/ Asparagus • Brown Rice • Orange Jell-O 	Supper: <ul style="list-style-type: none"> • Stromboli • Caesar Salad • Peaches • Butterscotch Pudding 	Supper: <ul style="list-style-type: none"> • Chicken Strips • French Fries • Seven Layer Salad • Chocolate Chip Bars 	Supper: <ul style="list-style-type: none"> • Brats • Baked Beans • Dilled Cucumber • Rice Krispie Bars 	Supper: <ul style="list-style-type: none"> • Chicken • Broccoli & Cheddar Rice • Cranberries • Sherbet

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast: <ul style="list-style-type: none"> • Pancakes • Orange Slices • Crisp Bacon • Cranberry & Orange Juice 	Breakfast: <ul style="list-style-type: none"> • Hot or Cold Cereal • Peaches • English Muffins • Cranberry & Orange Juice 	Breakfast: <ul style="list-style-type: none"> • Vanilla Almond French Toast • Strawberries • Sausage Links • Cranberry & Orange Juice 	Breakfast: <ul style="list-style-type: none"> • Hot or Cold Cereal • Bananas • Cinnamon Raisin Toast • Cranberry & Orange Juice 	Breakfast: <ul style="list-style-type: none"> • Scrambled Eggs • Orange Slices • Blueberry Muffins • Cranberry & Orange Juice 	Breakfast: <ul style="list-style-type: none"> • Hot or Cold Cereal • Grapes • English Muffins • Cranberry & Orange Juice 	Breakfast: <ul style="list-style-type: none"> • Bacon & Cheese Quiche • Orange Slices • Whole Wheat Toast • Cranberry & Orange Juice
Dinner: <ul style="list-style-type: none"> • Tomato Soup • Grilled Cheese Sandwich • Peanut Butter Cookies 	Dinner: <ul style="list-style-type: none"> • Veggie & Cheese Topped Pierogies • Apple Slices • Lime Jell-O 	Dinner: <ul style="list-style-type: none"> • Lemon Rosemary Grilled Chicken • Sugar Snap Peas • Chocolate Pudding 	Dinner: <ul style="list-style-type: none"> • Seafood Pasta Salad • Homemade Honey Wheat Berry Bread • Cantaloupe & Grapes 	Dinner: <ul style="list-style-type: none"> • Taco Salad • Tortilla Chips • Chocolate Chip Cookies 	Dinner: <ul style="list-style-type: none"> • Ham & Turkey Roll-Ups • Strawberries • Brownies 	Dinner: <ul style="list-style-type: none"> • Cashew Chicken Salad • Crescent Rolls • Grapes
3:00 Snack <ul style="list-style-type: none"> • Ritz Cracker w/ Peanut Butter & Milk 	3:00 Snack <ul style="list-style-type: none"> • Sliced Apples w/ Juice 	3:00 Snack <ul style="list-style-type: none"> • Granola Bars w/ Coffee & Tea 	3:00 Snack <ul style="list-style-type: none"> • Goldfish Crackers w/ Milk 	3:00 Snack <ul style="list-style-type: none"> • Fresh Fruit Cup w/ Milk 	3:00 Snack <ul style="list-style-type: none"> • Sweet Treats w/ Coffee or Tea 	3:00 Snack <ul style="list-style-type: none"> • Popcorn w/ Juice
Supper: <ul style="list-style-type: none"> • Home Style Chicken • Red Roasted Potatoes • Asparagus • Cherry Cups 	Supper: <ul style="list-style-type: none"> • Pork Chops • Mashed Potatoes w/Gravy • Baby Carrots • Sherbet 	Supper: <ul style="list-style-type: none"> • Ham w/ Fresh Peach Glaze • Fresh Green Beans • Apple Walnut Cake 	Supper: <ul style="list-style-type: none"> • Parmesan Chicken • Spinach Pasta Salad • Crescent Rolls • Flavored Ice Cream 	Supper: <ul style="list-style-type: none"> • Swiss Steak • Potatoes & Carrots • Corn Bread • Strawberry Jell-O 	Supper: <ul style="list-style-type: none"> • Bacon Cheeseburgers • French Fries • Watermelon • Ice Cream Sundaes 	Supper: <ul style="list-style-type: none"> • Tortellini Alfredo w/ Broccoli • Breadsticks • Strawberry Tarts